

A force to be reckoned with



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**EASTLEIGH
SOUTHERN
PARISHES
OLDER
PEOPLE'S
FORUM
NEWSLETTER 79
MAY 2015**

WHAT DO YOU WANT AT MOORGREEN?

In the March Newsletter, we appealed to members to send us evidence of need for services at the Moorgreen Hospital site, as requested by Diccon Bright, EBC's lead on Health. 93 sheets were returned with the results below and 8 more sheets have arrived since. Keep them coming, please.

Subject: FW: Re : Moorgreen Survey

18 Walk-in Centre	75
6 Alzheimer Support	66
8 Minor Injuries Unit	65
11 Dementia	65
7 Stroke Clinic	64
4 Physiotherapy	58
14 Podiatry	57
1 Chemotherapy	49
13 Audiology	49
9 Diabetic Clinic	47
3 Respite Care	44
5 Mental Health Services	44
16 Falls Prevention Clinic	43
10 Occupational Therapy	41
2 Carers Centre	37
15 Dietician Services	34
12 COPD Services	28
17 Prescribed Drugs Review	25
19 Step down Beds	19
Memory Clinic	2
Blood Tests	1
Help for Elderly	1
20 Others (Please State)	

Diccon replied, "This is really useful information for us and more particularly for the West Hampshire Clinical Commissioning Group (CCG) and other NHS bodies who plan

and buy services like these. Some of the services listed above are already provided on the Moorgreen site.

I know the CCG is due to consult locally in a matter of weeks on this so it will be interesting to add this information and see what is wanted, what is needed and what is efficient to provide where.

Whatever the outcome of this process, I hope we can rely on the ESPOPF newsletter to publish news and updates about Moorgreen, and advice for older people about how to best access services and or, even better, do things that will help them avoid the need for services altogether!"

Before we get too excited, you should know that on April 9th the EBC Cabinet approved an amended Development Brief for the Moorgreen Hospital site. They decided that houses should be built all over the NHS land and that all the proposed health and social services should be shunted over to the Donkey Field.

The Minutes tell us that the Leader of the Council declared an interest, having been appointed a Board Member of the Homes and Communities Agency that was set up by the Government to build social housing and is the landowner of part of this particular site. In our consultation response to EBC's previous development brief, we took them to task for the inadequacy of the consultation. A *Statement of Consultations* is published to show who replied, what they said.

Contd on p2

**SUBSCRIBING ESPOPF MEMBERS FUND
THIS INDEPENDENT NEWSLETTER**

ESPOPF NEWS

OFFICERS & COMMITTEE MEMBERS 2014/15

Chair/ Consultation Officer/Newsletter Editor: Diane Andrewes (Bursledon) 023 8040 3311 diane@espopf.org

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Minutes Secretary: Maureen Hunt (Botley) Members' Meetings Organisers: Officers and Brian Knapp (Hamble)

Dottie Vickers Lindy Cansdale (Hedge End) Bernard Brombley (Botley)

Co-opted members: Jane Murch (Hamble) John Taylor (Hound)

Moorgreen Campaign continued ...

Members will not be surprised to learn that ESPOPF and Bursledon Parish Council were mentioned, but their responses were dismissed as: "*Various issues already raised by other organisations or residents*". This is completely unsatisfactory and untrue.

Botley PC is reported as requesting a specific requirement for "*enhancement of medical facilities and clarity about parking*". The response was that: "*it is not within the remit of this brief to set out the case for improved healthcare within the borough*" and that a new paragraph should be added: "*The new hospital buildings shall be provided with sufficient parking to serve employees and patients.*".

Hedge End, West End and Botley Local Area Committee asked for "*a re-provided hospital to deliver the benefits of an integrated service to residents*". The response was that EBC recommended that this should be considered! Does that response fit with the response in the previous paragraph?

Other consultees were organisations and residents from the West End area, where the exhibition was held. The best consultation response from our point of view was from the NHS Property Services Ltd as follows:

"Decisions about the commissioning of health care services for people in this area will be taken by the CCG and NHS England.

Objection to the identification of separate parts of the site owned by NHS Property Services as being suitable for healthcare and residential development. The whole area in NHS PS ownership should simply be allocated for a mix of healthcare and residential development."

EBC responded that it does not accept that. It has to find affordable housing sites for the new Local Plan. The fact that families living in those houses will need healthcare services is not a planning consideration!

The situation appears to be that the NHS will decide what healthcare uses are to be provided on the site. However, if developers put forward applications to build housing on the site, they will be given a green light by EBC in the light of their Development Brief. ESPOPF should therefore return to our first imperative: to persuade the CCG and NHS England of our desperate need for these healthcare facilities this side of the River Itchen. Decisions, we are told, will depend on the outcome of the General Election...

MARCH OPEN MEETING

Members spent a busy introductory session exchanging hearing problems experienced by themselves or partners and benefited hugely from the responses provided by the speaker from **Action on Hearing Loss**. The afternoon workshop on "*Dare to Age Well*" resulted in 19 members signing up for the Brunel University research project. Lunch was served and free transport provided. Opinions were sought about the venue and it was declared to be delightful and fit for purpose. The Raffle raised £46.50 - thanks to all who brought prizes and bought tickets.

100 Club Winners for March

Patience Sambrook H/E No. 29 - £38
Mr&Mrs L.Pearce Old Netley No. 51- £19
Mike Hill Hedge End No. 30 - £19

RESIGNATION

The committee thanks Eileen Brenneck for her valuable service and contribution. She will be much missed.

DATE OF NEXT MEETING
AGM TUESDAY JULY 21 2015

NOTICEBOARD

FIRST STOP ADVICE FOR OLDER PEOPLE

If you need advice or information about housing or care options, advice about paying for care or information about services to help you manage at home,

- call the Advice Line
0800 377 7070
- email
info@firststopadvice.org.uk
- visit
www.firststopadvice.org.uk

First Stop Advice is provided by Elderly Accommodation Counsel (EAC), a charity supported financially by the Government, Comic Relief and Nationwide.

SOUTHAMPTON TALKING ECHO

This vital lifeline for visually impaired people has moved to new offices in Mount Pleasant Road in Northam. It provides a regular news bulletin, keeping 350 blind people up to date with news in the Southampton and Eastleigh area. About 70 volunteers keep the 41 year-old service going. It costs about £5,000 a year to run. The service is entirely free to users and the only regular funding is the money raised by the volunteers.

£30,000 DONATION

Hillier Garden Centres, with an outlet in Botley, picked Guide Dogs for the Blind as their charity two years ago. Thanks to the generosity of customers and staff, the company has not only donated this magnificent

sum but has sponsored a dog named Chelsea throughout her training.

REMAP

This charity designs and makes equipment that is not available commercially for people with disabilities. Tel. Richard Avister on 01590 616330.

CITIZENS ADVICE

Outreach appointments at available at the new Lowford Centre in Bursledon on Tuesday afternoons. Call in on Tuesday mornings to make an appointment with Alex.

MOTTISFONT ABBEY

A J.Lyons & Co. Collection of 1940s and 1960s teashop lithographs will be available from May 2 until July 5. The exhibition includes works by Lowry, Piper, Nash etc, Catch the sumptuous roses while you are visiting this National Trust property.

USEFUL SERVICES

- Beat Eating Disorders
- Tel. 0845 634 1414
- Carers Direct
-Tel. 0808 802 0202
- Cruse Bereavement
-Tel. 0844 477 9400
- Samaritans
- Tel. 08457 90 90 90
- italk(psychological service)
- Tel. 02380 383920

OLDER MEN AND DIABETES

Men are really bad at noticing changes to their bodies and even choose to ignore them because of a

fear of the unknown. They need a better idea of what to look out for and some simple lifestyle changes which could help.

ELECTRICAL SAFETY FOR OLDER PEOPLE

Electrical Safety First's report, 'A Shock to the System', concludes that one million people aged over 75 currently live in non-decent homes: properties that are not warm enough, in a state of disrepair or do not have modern facilities. Poor electrical safety is a particular concern - nearly two thirds of properties occupied by a couple over 60 do not meet basic electrical safety standards. Get an inspection done.

HANTS & IOW AIR AMBULANCE SERVICE

Last year, the charity celebrated its 1,000th landing at Southampton General Hospital's helipad. The helipad opened in November 2011 and receives on average one flight per day from 13 different organisations with the air ambulance making up more than half the visits. The charity has received a £250,000 boost which will assist the introduction of helicopter emergency medical operations at night. and provide buildings for clinical equipment storage and facilities for night operations. The grant comes from LIBOR funds taken from the banks, when they were fined for fraudulent actions.

YOU WRITE ...

Dear Editor

I was very disappointed to learn that you are not holding an ESPOPF hustings session for the General Election. I remember such events in the past and it was intensely interesting to everyone who attended. It reminded us that we elderly had a significant part to play in matters beyond our own lives. It was stimulating to make decisions on the evidence put before us by the Candidates.

ESPOPF is an important part of many people's lives and we trust you and your organisation to inform us. Your hustings event was always the major one in Eastleigh and ESPOPF members will miss this occasion that was most important and interesting.

Nancy Smith

West End (We were let down by some Candidates in the 2013 European hustings, who never even responded to our invitation. Sadly, it needs a full turnout to generate an audience in the present climate. We share your disappointment-Ed.)

Dear Editor

Please find enclosed cheque for our membership fees and a donation to help with your costs and thank you for all your hard work. We are unable to attend meetings but enjoy your bi-monthly Newsletter very much and find it very informative. Thank you very much.

Joe and Jean Elkin
West End

Dear Editor

I thought your readers would like to know that I went to a talk recently at the Netley British Legion. It was given by the Fire Service about smoke alarms. I asked for someone to come to my home and they fitted alarms on the electric, so no batteries. They also gave me an alarm to go under my pillow, so that I would hear it when I was asleep in bed. Marvellous for me! I am 92.

Elsie Masters
Netley Abbey

Dear Editor

As promised, I am sending information about our Day Centres (with charges), Care & Respite Services and Help in the Home for your new library in Bursledon. Your members who do not live in Bursledon should contact us direct if they need these services.

Day Centre places can be booked by the Day Centre Manager **Tel. 0780 8811883** or arranged through Adult Services. To arrange a free taster session **tel. 023 8090 2400**

For **Care & Respite Services**, contact the Care Co-ordinator **Tel 023 8090 2435**

For **Help in the Home** **Tel. 023 8090 2400**

If no-one is available to take your call, you are asked to leave a message on the ansafone or contact Reception on **023 80 90 2400**.

Maggie Laws
One Community
Eastleigh

Dear Editor

I had occasion to attend Southampton General and the Royal South Hants. recently and, as I don't have a car, I used the EBC Medical Transport Scheme. (Diane recently sent us a leaflet about it with our Newsletters). This is an excellent service: very clean taxis and very friendly drivers. It costs slightly less than the usual taxi. If you live in Hedge End, West End or Botley, you telephone 023 8027 008. You can also visit www.eastleigh.gov.uk/meditransport, but I found it easier to use the phone!

Lindy Cansdale
Hedge End

Dear Editor

World Elder Abuse Awareness Day is 15 June 2015. This event will be in its 10th Year and we want to make it an important date in everyone's diaries, please join with us in doing an event on the day and helping raise awareness on Elder Abuse. For more information email enquiries@elderabuse.org.uk or call 0208 835 9280

Dear Editor

I recently spent some time at Countess Mountbatten Hospice. Marvellous! The NHS at its very best... Good to be home again.

Tony Rest *West End*

Letters should be sent to The Editor
Orchard Hill Old
Bursledon SO31 8DH
diane@espopf.org

MAY 12 2015
OPEN MEETING DETAILS
10.15 am - 2.15 pm

The **morning session** will be our opportunity to explain to the representatives of the West Hampshire Clinical Commissioning Group what patients east of the River Itchen need in the way of accessible health and social services. This is the result of the pie chart forms that ESPOPF members sent back, and which we submitted as pilot evidence to support our demands. We also said we were prepared to do more extensive research. Please come prepared to make the case for a community hospital/treatment centre/ social care hub.

Lunch will be cooked and served by *Home Cooking Delivered (Tel.07920158326)* (Recommended to members in the southern parishes, who would welcome meals at £5.50 (standard) or large (£7) delivered to their homes, and tea at £3 (small) or £4 (large).

After lunch, the Chair of Diabetes UK will run a workshop on Diabetes - as requested by the ESPOPF Committee. Brunel. We hope to learn more about it, how to avoid it or live with it.

Please book for this workshop on the Booking form for the Open Meeting

The Venue, Bursledon Village Hall, is situated in Long Lane just off the A27 at the junction with Dodwell Lane.

Car parking, please park along Long Lane or in the car park opposite the schools further along the road. Remember that we provide free transport in the One Community Mini-bus and we should like to fill it up to make the cost of it worthwhile. Passengers enjoy the journey and the company and do not have to worry about finding the destination, the traffic and parking.

Raffle prizes, please.

Subscriptions may be paid at the meeting. Only 23 numbers left for the 100 Club.

Proud of the NHS pins will be available for £1 from Keep Our NHS Public.

REMEMBER TO VOTE ON
MAY 7

General Election
Eastleigh Borough Council
Parish Councils (in some wards)

We have to decide which party is most likely or able to deliver on their promises.

ESPOPF has received manifestos from organisations we are affiliated to. One of these is **Action on Elder Abuse**, which has been campaigning against abuse of the elderly for more than 20 years.

It says too many older people are still being physically abused by carers or relatives, and that millions of pounds are being stolen from them every year. The charity has drawn up five key action points that the next Government should urgently address in order to protect our vulnerable older people:

A Manifesto to Protect Older People from Abuse

In a nation that respects its older people our politicians should ensure that all its Senior Citizens have:-

- 1. Access to care services where staff are fairly paid, properly trained and managed.**
- 2. More stringent regulation and inspection of care and hospital services that identify poor standards before they become engrained, and ensure that they are improved.**
- 3. Better legal redress if vulnerable elderly people suffer abuse.**
- 4. Better protection for the savings and the finances of older people.**
- 5. Better response from the police and the Crown Prosecution Service to investigate allegations about abuse of the elder!**

Elder Abuse Helpline: 0808 808 8141

EASTLEIGH SOUTHERN PARISHES
OLDER PEOPLE'S FORUM

OPEN MEETING

TUESDAY MAY 12 2015

10.30am - 2.15pm

BURSLEDON VILLAGE HALL

LONG LANE BURSLEDON SO31 8BZ

Free COFFEE/TEA/BISCUITS

'WHAT WE WANT AT MOORGREEN'

JANE GORDON Communication & Engagement Manager

***CATHERINE BOWELL Programme Director, Clinical
Commissioning for Community Hospitals***

LUNCH (12.15pm)

100 CLUB DRAW & RAFFLE

'DIABETES' WORKSHOP

BOOKING FORM

RSVP Betty Lawrence 8 Rookley Netley Abbey SO31 5PH Tel.023 8045 3680

Name(s).....Tel.....

Address.....

SPECIAL DIETARY REQUIREMENT

CHICKEN CHASSEUR WITH NEW POTATOES and RASPBERRY MERINGUE

I/We wish to book lunches @ £5 (2 courses)

DEADLINE:9/5/15

PLEASE INFORM BETTY OF CANCELLATIONS PRIOR TO THE EVENT.

ALL ORDERED MEALS TO BE PAID FOR ON THE DAY.

I/we wish to book ... seats on the FREE door-to-door One Community Bus

I/we wish to pay the 2014/15 Membership fee (£3 single £5 couple)

I/wish to buy ... tickets for the 100 Club (now £8 for the remaining year)

I wish to attend the 'DIABETES' workshop (tick)